

GRAND OPENING!

LEGACY MARTIAL ARTS
PRESENTS BRUCE LEE'S ORIGINAL STUDENT
Located in Claremont Packing House on 2nd Floor

SCHOOL OPEN FOR INSTRUCTION JANUARY 7TH

RICHARD BUSTILLO SEMINAR

January 24 Saturday Seminar

BOXING/MUAY THAI 10:00 am to 12:30 pm

Offense/Defense/Counter Drills on Boxing and Muay Thai techniques.
Understand knee, elbow, kicking techniques.

JEET KUNE DO 1:30 pm to 4:00 pm

Bruce Lee's basic footwork, hand/foot speed to closing the gap to trapping,
grappling and training concepts to enhance the three combat ranges below.

January 25 Sunday Seminar

CACOY DOCE PARES 10:00 am to 12:30 am

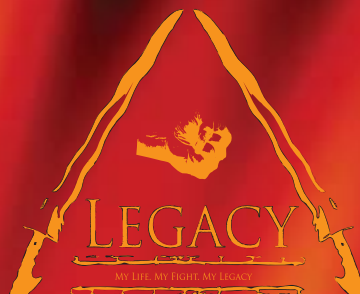
Pangamot (empty hand), Agaw (disarming), Dumog (grappling), and Pormas (forms).

JUJITSU/WRESTLING 1:30 pm to 4:00 pm Sense body positioning for escapes
and defense. Recognize submission holds, locking drills, reverses and counters.

The hands on training is not designed to compete against your style but will compliment all
levels from beginner to advanced. We will not teach you only martial art techniques. We will
teach you to be able to develop it. We call this process Jeet Kune Do. Evolve with change for a
simple and practical seminar. Under age 18 must have prior approval to attend. No spectators or
video allowed. A former student of Sijo Bruce Lee, attend the seminar and see why Sigung Bustillo
is one of the most internationally acclaimed and sought after martial arts instructor in the world.

No video, audio, or photography recording devices are allowed!

**Important Please Bring your: gloves, focus mitts, thai pads, training daggers,
eskrima/kali sticks. There will be some sticks and daggers for sale.**



Seminar Info

Fee: \$99.00 2 days Pre--Registration by January 16th

\$120.00 Door registration

\$75.00 One day event

Contact Guro Jason Cruz 909-568-1800

To purchase your tickets or

For additional info and Hotel Info visit

www.claremontmartialarts.com

